



## FOR IMMEDIATE RELEASE

### **WestBridge, Inc. Expands Behavioral Health Care Services for All Genders to Meet Growing Demand**

#### **Our Community Integration Program (CIP) Improves Access and Quality of Mental Health Care for All Genders**

Manchester, NH 9-5-2024 – WestBridge, a leader in the treatment of mental health and co-occurring substance use disorders is proud to announce the expansion of its behavioral health care services. WestBridge excels in helping those with co-occurring disorders who have not been able to obtain long-term recovery after prior treatment. This initiative is designed to address the increasing need for comprehensive mental health support for all genders. WestBridge's Community Integration Program is based on the evidence-based ACT model.

Most people we treat have previously experienced multiple hospitalizations and treatment episodes, employment disruption, family distress, and legal involvement. *"At WestBridge we are committed to providing high-quality behavioral health care,"* said William Keating, PhD, LCMHC, MLADC, Chief of Clinical Services. *"Our expanded services will offer more resources and support for all genders and families dealing with behavioral health challenges."*

The expansion allows us to serve all genders in our Community Integration Program in addition to our existing Intensive Outpatient Program services. CIP services are part of our flexible and highly successful approach and are:

- Designed specifically for adults experiencing mental illness with or without co-occurring substance use.
- Modified as needed through an ongoing assessment and treatment planning process.
- Varied in intensity. Participants may receive a minimum of three occurrences to as many as needed weekly depending on their individual clinical needs.
- Comprehensive, offering complete wrap-around support.
- Accessible 24 hours per day, 7 days per week

### **About WestBridge**

WestBridge is a private family founded non-profit organization, established in 2001, dedicated to supporting the long-term recovery of adults and their families that experience mental illness with or without substance use. WestBridge provides both residential treatment (CARF accredited) and community-based outpatient treatment using evidence-based practices that have been proven to work. The integrated treatment model addresses both disorders concurrently, in the same setting, by the same team. WestBridge also embraces families throughout the process, helping them to learn, communicate and become trusting partners in recovery.

#### **For Media Information Contact**

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